

PASTOR: Fr. Wilfred Gomes

ADMINISTRATOR: Fr. Vincent Hawkswell

☎ (604) 671-5301 ✉ vhawkswell@rcav.org

PARISH DEACON: Dcn. Tony Gray

ACCOUNTANT: Elizabeth Bell

ADMIN ASSISTANT: Cleiser Oliveira

MASS SCHEDULES

SUNDAY MASS:

Saturday 4:30 pm

Sunday 8:30 am, 10:30 am

WEEKDAYS:

Monday - Saturday: 9:00 am

1st Friday: 6:30 pm

CONFESSIONS:

Monday - Saturday: 8:30 - 8:50 am

Saturday: 3:30 pm - 4:15 pm

ADORATION:

Friday: 9:30 am - 4:00 pm

1st Friday of the month

9:30 am - 4:00 pm &

7:00 pm to Saturday 8:00 am

Sign-up sheets located in vestibule

BENEDICTION:

Friday: 4:00 pm

1st Friday : 4:00 pm and the following morning at 8:00 am



ONLINE GIVING OFFERTORY

SCAN WITH MOBILE PHONE OR CLICK THE QR-CODE

Saint Anthony's Parish

2347 Inglewood Avenue
West Vancouver, BC V7V 1Z9
Tel: (604) 926-6881

Email: parish.sawv@rcav.org

Web: www.stanthonywestvan.com

OFFICE HOURS:

Mon - Fri: 9:30 am - 4:00 pm



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ST. ANTHONY'S PARISH

WEST VANCOUVER

4TH SUNDAY ORDINARY TIME JANUARY 28, 2024

4TH SUNDAY REFLECTION

I read somewhere that the United Church of Christ has sponsored a rather extensive campaign to promote the gospel. The title of the campaign is "God is still speaking." The statement asserts that God has a message and a meaning for our lives today. Another part of this campaign is a red banner on which there is nothing except one large comma. Now, of course the banner is meant to provoke our interest to ask, "What's the comma?" The comma refers to a quotation from Gracie Allen. In one of her diaries she writes, "Never place a period where God has placed a comma."

Often in our lives when we experience pain or trouble, we conclude that misery will last forever. We place a period and say, "That's it. I'm finished." The comma is a sign of hope, an indication that we will not remain where we are forever. God can move us forward. God can do something new.

Now new things are certainly happening in today's gospel in the synagogue at Capernaum. Jesus enters with a new teaching and a new authority. The man in the synagogue with an unclean spirit needs something new. The evil spirit that possesses him has robbed him of his freedom and of his joy. The man has probably concluded, "I'm done. This spirit will continue to enslave me for the rest of my life." But then Jesus speaks, and the spirit cries out. The man begins to understand that what he thought was the end was only a pause. Jesus drives out the demon, and the man enters into a new life.

When you and I feel that we have come to the end of our rope, that nothing new can happen, today's gospel encourages us to hope that God can move us forward. When we find ourselves alienated from our friends, because we said something that was wrong, did something that was cruel, or tried to slip by with a lie, we can find our relationships in shambles. Today's gospel encourages us to believe that estrangement does not have to be final, that apologies work, and that humility has traction. God can heal what is broken.

When we are dismayed because of the bad decisions made by our children or our grandchildren, we say, "Things could have been so well if they had used money responsibly, if they married somebody else, if they avoided alcohol and drugs. But now they are finished. They have no future." This gospel asks us to believe that God can still surprise us. God can still move the people we love beyond their mistakes.

When we are devastated because we have lost someone that we love in death, and the hole in our heart is so huge that we are certain we will never recover, this gospel encourages us to believe that God can still save us, still move us to a new place.

Never put a period where God has placed a comma. Our lives may have ground to a halt. But where we find ourselves is not the end. We believe in a God who can do new things and is committed to save us. Jesus can drive the demon out. Our God can move us past the painful pause and lead our lives to a blessed conclusion.

Fr. Joseph

News in and around the Parish

MASS INTENTIONS

JANUARY 29 -to- FEBRUARY 4, 2024

Monday, January 29

9:00 am - † Gilbert Bartholomew

Tuesday, January 30

9:00 am - † Guil Rivera

Wednesday, January 31

St. John Bosco

9:00 am - † Juliana Tara Lapradez

Thursday, February 1

9:00 am - † Paul Marcel Boisvert

Friday, February 2

The Presentation of the Lord

9:00 am - † Gina Charles

6:30 pm - Sp. Int. of Christine O.

Saturday, February 3

9:00 am - Sp. Int. of Dcn. Tony & Wendy Gray

4:30 pm - Sp. Int. of Hanan Haddad

Sunday, February 4

8:30 am - Parishioners

10:30 am - Sp. Int. of Dcn. Tony Gray

PRO-LIFE MASS & PRAYER VIGIL

Pro-life Mass & Prayer Vigil

To defend and promote life, to show reverence and love for it, is a task which God entrusts to every man, calling him as his living image to share in his lordship over the world. (Evangelium Vitae #42)

February to August 2024 Mass Schedule

All Masses at 9:00 a.m. unless otherwise stated

Feb. 3 Blessed Sacrament Parish
3040 Heather Street, Vancouver

Mar. 2 Guardian Angels Parish
1161 Broughton Street, Vancouver

Apr. 6 Holy Trinity Parish
2725 Lonsdale Avenue, North Vancouver
8:30 am

May 4 St. Mary's Parish (Vancouver)
5251 Joyce Street, Vancouver

June 1 St. Bernadette's Parish
6543 132 Street, Surrey

July 6 St. Clare of Assisi Parish
2888 Delahaye Drive, Coquitlam

Aug. 3 St. Joseph's Parish (Mission)
32550 7th Avenue, Mission

One of the fundamental answers to abortion is prayer.

Please join your voice with ours as we pray on the first Saturday of each month at a different parish for a new culture of life.

For more information: 604-683-0281



Join us for a monthly Pro-Life Mass & Prayer Vigil to pray for respect of all human life, from conception to its natural end.

Hosted by the
Archdiocese of Vancouver

DURATION: February to August
WHEN: 1st Saturday of each month
TIME: 9:00 am (8:30 am in April)

It begins with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital.

All are welcome!

The first schedule of
Mass & Prayer Vigil is on

DATE: Saturday, February 3
TIME: 9:00 am

LOCATION: Blessed Sacrament
Parish in Vancouver

Learn more at

beholdvancouver.org/events

SCAN WITH MOBILE PHONE
or CLICK the QR-CODE on
the right



THE CATHOLIC PARENT AVAILABLE ON FORMED

Be inspired by other parents trying to form their kids well in the faith amid the messiness of life.

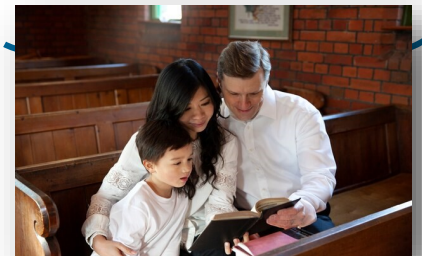
This new six-part series on FORMED comes with a free downloadable participant guide with discussion questions to spark conversation with your spouse or parish small group.



WATCH EPISODE 1
SCAN WITH MOBILE PHONE
or CLICK the QR-CODE.

"Going to Mass with our children is like playing Whack-A-Mole..."

Laugh, cry, and learn with the families featured in episode one about our Sunday Mass obligation and why it's so important... even if it feels like a game of Whack-A-Mole!



ST. ANTHONY'S CHRISTIAN MEDITATION

St. Anthony's Christian Meditation group will meet in the church on the following days and time:

DATE: February 6 -to- March 26
DAY: every Tuesday
TIME: 7:00 pm
WHERE: St Anthony's Church



NORTH SHORE PRO-LIFE SOCIETY

North Shore Pro-life Society invites you to attend our free Annual General Meeting :

DATE: Sunday, February 4, 2024

TIME: following 2:30 pm mass

WHERE: Holy Trinity Parish Hall,
North Vancouver, BC

GUEST SPKR: Angelina Ireland, *President*
Delta Hospice Society

TOPIC: Protect Each Other from MAiD

Protecting Each Other From:

MAiD

For more info or to reserve your spot:

Email: northshoreprolife@gmail.com or

Phone: (604) 980-7189

TOGETHER FOR A GOOD MARRIAGE WORKSHOP

One day could change your marriage!
Thousands of couples across Canada have dedicated one day to building a marriage that stays together for good.

In partnership with Family Life Canada, we are offering the Together for Good Marriage Workshop that will give you tools, exercises and guided conversations to help you and your partner grow a healthier, more joy-filled and resilient marriage.

Each session will help you move past differences and drift to a place of greater closeness and trust. You'll strengthen your relationship in the important areas of communication, conflict, sex and spirituality. Discover how incredibly good marriage can be – for you, your family and your community.

DATE: Saturday, March 2

TIME: 9:30 a.m. to 4:00 p.m.

WHERE: Corpus Christi Parish, Vancouver

COST: \$60 per couple

Early bird Special of \$50 per couple when you register by Friday, February 2, 2024.

Learn more and register via beholdvancouver.org/events.

ST. ANTHONY'S PARISH LOGO CENTENNIAL CONTEST

Last Call !!

Do you feel inspired to create a logo for our wonderful Parish? The chosen logo will be displayed as part of our new website, letterhead, envelopes, bulletins, and social media.

All designs and ideas welcome!

Prizes for first place and runner up.

SUBMISSION DEADLINE:
January 31, 2024

For more information and to submit your design, send an email to the Centennial Committee via:

saintanthony.wvan@gmail.com

VOCATION LIVE-IN



There will be a Vocation Live-In for anyone wishing to enter the Seminary in the next couple of years on the weekend of

DATE: February 10-11, 2024

WHERE: Seminary of Christ the King Mission, BC.

For more information contact:

Phone (604) 826-8975

Email: rector.minors@sck.ca

CWL CORNER

A BEGINNING OF ANOTHER WONDERFUL YEAR

Annual Membership Fees are due and can be paid (cash or cheque):

DEADLINE: Last week of February

FEES: \$45 or \$60⁺⁺

⁺⁺includes Domestic Abuse Services (DAS) membership.



The CWL Annual Weekend Retreat is coming.

THEME: The Last Seven Words of Christ

WHEN: March 15 to 17, 2024

WHERE: Westminster Abbey, Mission, BC

COST: \$190 per person

RT LEADER: Dcn. Tony & Wendy Gray

CONTACT: Pat Battensby

604 926 4291 pwbatts@shaw.ca

Forms are available on the bulletin board outside the office.



For all inquiries email us at saintanthonyscwl@gmail.com

The Alpha Course

Alpha

DATE: February 22 to May 9, 2024

DAY: every Thursday

TIME: 7:00 - 8:30 pm

LENGTH: 12 weeks

COST: **FREE**

Alpha provides a space to ask all your questions about life, faith, and meaning in a friendly environment.

Each Alpha session includes a short video, time to connect over a meal, and plenty of time to explore and share or listen. Meet new friends.

Got Questions?

Is there more to life than this?

Does God exist?

What happens next?

Join the adventure

Alpha.org
#TryAlpha

Alpha

Registration is EASY:

Through one of the **ALPHA Sign-up Sheets** available at the church or office or **ONLINE**.

SIGN-UP ONLINE

SCAN WITH MOBILE PHONE or CLICK the QR-CODE



For more information, email: stanthonywvalpha@gmail.com

STEWARDSHIP REFLECTION

Brothers and sisters: I should like you to be free of anxieties (1 Corinthians 7:32)

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

News in and around the Parish

PARISH ACTIVITIES & EVENTS

MON — SAT	8:15 AM — 8:30 AM	MORNING PRAYERS
MON	10:00 AM	CATHOLIC FAITH IN PLAIN ENGLISH—SESSION 19
TUE	7:00 PM	CHRISTIAN MEDITATION
WED	4:00 PM	MARIAN MOVEMENT CENACLE
WED	6:00 PM	PREP
THU	1:00 PM	CRAFT GROUP
THU	7:00 PM	ALPHA SERIES (STARTS FEBRUARY 22, 2024)
THU	7:15 PM	RCIA
FRI	9:30 AM—4:00 PM	ADORATION OF THE BLESSED SACRAMENT
FRI	3:00 PM	DIVINE MERCY



Catholic Faith in Plain English

Catholic Faith sessions weekly in the church hall.

Catholics & non-Catholics are welcome

to join us even for a few sessions.

TIME: 10 am - 12 pm

WHEN: Monday, January 29, 2024

WHERE: Saint Anthony's Parish Hall

SESSION 20: Matrimony

PARISH OFFICE CORNER

SUNDAY OFFERING ENVELOPES

If you have not received it, it is available for you in the vestibule.

Unable to find your envelope or prefer paperless & online, please

CONTACT PARISH OFFICE



TAX RECEIPTS 2023

Parish and Project Advance donation tax receipts is in process. We will provide you with updates and details on the upcoming bulletin.

ST. ANTHONY'S 100 YEAR PHOTO DIRECTORY

We have one more week of photo sessions for our Parish Photo Directory. We strongly encourage everyone's participation so that our Centennial Year Photo Directory becomes not only a useful resource, but also a special memory of our parish family at the time of St. Anthony's 100th anniversary.

Appointments can be made via signup sheets, email, or call the parish office. We will also have volunteers after all weekend Masses for the next two weeks to assist with photo session appointments. Everyone who books a photo session will receive a copy of the directory. There is NO obligation to purchase additional photos.

MONDAY, FEBRUARY 5, 2024	3:30 PM — 7:30 PM
TUESDAY, FEBRUARY 6, 2024	12:00 PM — 7:00 PM
THURSDAY, FEBRUARY 8, 2024	12:00 PM — 7:00 PM
FRIDAY, FEBRUARY 9, 2024	12:00 PM — 7:00 PM
SATURDAY, FEBRUARY 10, 2024	10:00 AM — 3:00 PM

COUPLES WEEKEND GETAWAY

We are excited to partner with [Family Life Canada](#) to offer weekend getaways to married couples in the Archdiocese of Vancouver!

The Weekend Getaway is a marriage conference uniquely designed to enrich your relationship. For most couples, it's a chance to reconnect, re-establish the foundation, and rekindle romance. For others, it's a fresh start. For some, it will be the weekend that saves a marriage.

Wherever you're at in your relationship, this retreat will be a weekend to remember.

The atmosphere will be relaxed, warm and fun! You'll hear from real couples doing real life together ... God's way. You'll be given time to process what you're learning. And together, build a joyful marriage that lasts a lifetime.

The next getaway is on the weekend of:

DATE: February 16—18, 2024

WHERE: Fairmont Empress, Victoria, BC.

CONFERENCE PRICE: \$199

USE PROMO CODE

RCAVVIC

WITHOUT CODE IS \$299

Accommodations are not included and should be booked separately.

We have a **SPECIAL** room rate for conference participants at the Fairmont Empress Victoria at a price from \$209/night before January 26th. Rates may vary thereafter.

CONFERENCE REGISTRATION DEADLINE:

Wednesday, February 14, 2024

For more information contact: Joyce 604-683-0281 ext. 223 or visit beholdvancouver.org/events